

# Prayer St Patrick

*Kuno Meyer*

*6/1/2019*

## **Prayer of St. Patrick**

I arise today  
Through a mighty strength, the invocation of the Trinity,  
Through belief in the threeness,  
Through confession of the oneness  
Of the Creator of Creation.

I arise today  
Through the strength of Christ's birth with His baptism,  
Through the strength of His crucifixion with His burial,  
Through the strength of His resurrection with His ascension,  
Through the strength of His descent for the judgement of Doom.

I arise today  
Through the strength of the love of the Cherubim,  
In the obedience of angels,  
In the service of archangels,  
In the hope of the resurrection to meet with reward,  
In the prayers of patriarchs,  
In prediction of prophets,  
In preaching of apostles,  
In faith of confessors,  
In innocence of holy virgins,  
In deeds of righteous men.

I arise today  
Through the strength of heaven;  
Light of sun,  
Radiance of moon,  
Splendour of fire,  
Speed of lightning,  
Swiftness of wind,  
Depth of sea,  
Stability of earth,  
Firmness of rock.

I arise today  
Through God's strength to pilot me:  
God's might to uphold me,  
God's wisdom to guide me,  
God's eye to look before me,  
God's ear to hear me,  
God's word to speak to me,  
God's hand to guard me,  
God's way to lie before me,  
God's shield to protect me,  
God's host to save me,

From snares of devils,  
From temptation of vices,  
From every one who shall wish me ill,  
Afar and anear,  
Alone and in a multitude.  
I summon today all these powers between me and those evils,  
Against every cruel merciless power that may oppose my body and soul,  
Against incantations of false prophets,  
Against black laws of pagandom,  
Against false laws of heretics,  
Against craft of idolatry,  
Against spells of women and smiths and wizards,  
Against every knowledge that corrupts man's body and soul.

Christ to shield me today,  
Against poisoning, against burning,  
Against drowning, against wounding,  
So there come to me abundance of reward.

Christ with me, Christ before me, Christ behind me,  
Christ in me, Christ beneath me, Christ above me,  
Christ on my right, Christ on my left,  
Christ when I lie down, Christ when I sit down,  
Christ when I arise, Christ in the heart of every man who thinks of me,  
Christ in the mouth of every one who speaks of me,  
Christ in the eye of every one who sees me,  
Christ in every ear that hears me.

I arise today  
Through a mighty strength, the invocation of the Trinity,  
Through belief in the threeness,  
Through confession of the oneness  
Of the Creator of Creation.

(translated by Kuno Meyer)  
source